



## FIGURELLA GEARS UP FOR THE END OF SUMMER

MIAMI, Fla., July 30, 2013 – Back to school sales are on, and it won't be long until the beaches are reclaimed from tourists by the locals. As July winds down and August kicks up, we are forced to face a sobering truth—summer is almost over. And while the summer does not officially end until the latter part of September, Labor Day is coming fast. For many, Labor Day weekend represents the season's last chance to celebrate the summer before autumn sets in.

The long Labor Day weekend has become one of the last opportunities to show that bikini body off before it is wrapped in fabric for the next several months. When the vacation season ends, women will trade in their swimsuits for much more modest “everyday life” attire. Unfortunately, we tend to let our fitness and dietary habits slip during the fall and winter months. Layered clothing makes people more comfortable with their bodies, and fewer daylight hours can lead to people exercising less. Luckily, Figurella, the all-natural weight management method for women, is prepared to step in and help those busy women maintain their summer shapes. Figurella is an internationally-recognized wellness company that specializes in personalized weight loss.

Sessions at the Figurella weight loss center are exclusive and unique experiences. The client is greeted by a team of women's fitness trainers, and one of those trainers guides the client through the two phase method. Each session begins with a half-hour in the patented Bubble where physical exercises are performed in a temperature-controlled environment. This is followed by the active oxygen bath in the patented SpaShell. The two phases of

the Figurella method combine to ignite the body's metabolism. On-staff dieticians provide each client with individualized, expert nutrition advice. When combined with a healthy and balanced diet, clients only need 2-3 sessions per week to lose belly fat and get in shape.

Figurella is offering clients a chance to get a head start on those winter pounds. Currently, clients can purchase the one-hour body analysis consult, two half-hour sessions in The Bubble, two fifteen-minute oxygen baths, and a one-hour nutritional consult for \$90. Additionally, clients can double the number of Bubble sessions and oxygen baths to four of each for only \$190. These rates are available at both weight loss centers—Coral Gables and Palm Beach Gardens. Figurella is the proven method to help women stay fit year-round. No one should wait until bikini season to get bikini-ready.

For more information or to schedule a consult, contact a Figurella weight loss center:

Figurella Palm Beach Gardens  
5100 PGA Boulevard, Suite 101  
Palm Beach Gardens, Florida 33418  
561-799-3600

Figurella Coral Gables  
1600 Ponce de Leon Boulevard  
Coral Gables, Florida 33134  
786-777-8951

Hours of operation at both centers are Monday - Friday from 9:00 a.m. - 7:00 p.m. Appointments can also be made online at [www.figurellausa.com](http://www.figurellausa.com).